

# **Sunday Breakfast**

---

Breakfast loveliness  
served 10.30am - 6.00pm

**Frank's Bar Sunday Menu**  
**Served every Sunday**

**10.30am-6.00pm**

**Frank's Bar Full English**

Sausage, bacon & black pudding (all free range), roasted tomato & mushroom stack, sauté potatoes, herby baked beans, egg and toast  
£7.50

**Vegetarian Full English**

Roasted tomato & mushroom stack with halloumi cheese, vegetarian black pudding, sauté potatoes, herby baked beans, egg & toast (v) £6.20

**Shakshuka**

Baked eggs with onion, saffron, peppers & tomato (v) (gf) £5.95

**Bacon and Egg bagel**

Crispy bacon & egg in a toasted bagel £4.95

**Pancakes:**

Plain with crispy bacon & maple syrup £5.50

or

Pecan & maple syrup with Greek yoghurt & cinnamon sugar (v) £5.50

**Lassi (v) (gf) £2.50**  
yoghurt drink made with fruit,  
check for todays flavour.

Toast with home made jam /  
marmalade / Marmite / Nutella £1.50

or our herby baked beans (v) £2.50

**Locally Made Pastries (v):**

Croissant with home made jam £1.90

Almond croissant £2.30

Pain au chocolat £2.30

---

We buy our meat from a free-range  
farm just down the road in  
Attleborough, our eggs are  
also free-range and our milk and  
cream comes from a local dairy.

Lovely job.

---

## **Specials**

Check the boards for today's specials

---

## **Cakes**

Have a looksie at the bar or ask a member of staff what tasty treats we have to offer today, there should be some gluten free options available too.

---

## **Ice Cream**

Delicious ice cream made by lovely folks at Clarkes Dairy who live just down the road in Wymondham with somehandsome cows.

Check the board for flavour details or ask one of those smiley staff types.

---

(GF) = gluten free (v) = vegetarian