

frank's bar

sunday menu

served 10.00am - 3.30pm

Frank's Sunday special

Bloody Mary (gf) (vn)

With roasted tomatoes, pickle juice,
harissa & spices

- Bloody shame (virgin) £3.50
- Single shot £5.50
- Double shot £7.50

Frank's Bar Full English

Sausage*, bacon, black pudding*,
slow-roasted tomato, roasted
mushroom, sautéed potatoes, herby
baked beans, egg & toast* £11.50

*Gluten free option available without
these items

Vegetarian Full English

Slow-roasted tomato, roasted
mushroom, homemade veggie black
pudding*, fried halloumi, Tofurei
Cumberland soysage, sautéed pota-
toes, herby baked beans, egg & toast*
(v) £10.95

*Gluten free option available without
these items

Vegan Full English

Slow-roasted tomato, roasted
mushroom, homemade veggie black
pudding*, Tofurei Cumberland
soysage, sautéed potatoes, herby
baked beans, scrambled tofu & toast*
(vn) £10.50

*Gluten free option available without
these items

Spicy avocado on sourdough £6.95
with a poached egg £7.50

Two eggs cooked how you like

On granary or sourdough £5.00 (v) (gf-a)

American-style pancakes with:

- Free-range smoked bacon & maple syrup
 - Berry compote & Greek yoghurt (v)
- £7.95

Granary or sourdough toast

- with jam, marmalade, marmite or
nutella (n) £2.50

or

- our herby baked beans (v) £4.50
(gluten free toast available)

(gf) = gluten free (df) = dairy free
(v) = vegetarian (vn) = vegan
(n) = contains nuts
(-a) allergen adaptable

Please be aware that we do use a variety of nuts
and cereals in our kitchen and whilst we take every
precaution we cannot fully guarantee the absence of
traces of nuts or gluten.

Our vegan sausages are made locally
by the fantastic Tofurei.

Our eggs & meat are all free-range
& local.

Lovely job.